

LADAKH TRAVEL GUIDE

LADAKH TRAVEL GUIDE, WELCOME TO THE ROOF OF THE WORLD

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Ladakh is the seventh most populous region in the Union Territory of India, and the thirty-fifth most populous region in the country. This is a union territory. This region is governed by India. The states of Jammu and Kashmir are divided into two Union Territories J & K, and Ladakh. The newly formed Union Territories were formed under a Restructuring Act passed by the Parliament of India on 5-6 August 2020.

Unimaginable landscapes make this cold desert awe-inspiring in the eyes of tourists from other parts of the country. The azure waters of Pangong Lake, the enchanting view of the Zaskar Valley, the Buddhist culture, and the monasteries encourage tourists to cross the inaccessible roads of Ladakh. Tourists cannot reach here all year round due to unfavorable weather. But during the season time, tourists from home and abroad flock here. Ladakh is also an ideal destination for tourists who want to go on an adventure trip. We will try to present all the important information about Ladakh Travel Guide here.

STATE OVERVIEW

The Union territory has a geographical area of **166,698 sq km** which is the **1st** largest position in terms of the UT's geographical area in India & divided into a total of **02** districts (Leh and Kargil). It is bounded by Tibet Autonomous Region to the east, by the Indian states of Himachal Pradesh to the south, Indian administered union territory Jammu & Kashmir and Pakistan to the western part, Also, the southwest corner of Xinjiang Uygur Autonomous Region across the Karakoram Pass in the far north. The total population of the state is approx 2.97 lakhs in 2020.

CAPITAL

Leh is the capital of Ladakh

CLIMATE

Generally, Ladakh has a cold and dry climate. The average temperature here is between (-)5 degrees to 10 degrees.



Summer

During summertime (**April to June**), the temperature here is between **5 to 23** degrees



Monsoon

In the monsoon time (**July to September**), the temperature here is between **30 to 35** degrees



Winter

During winter (**October to February**), the whole region is covered with heavy snow. During this period the temperature stays below minus degrees



BEST TIME TO VISIT

Tourists cannot come here all year round due to its geographical location and unfavorable weather. Roads are closed for most of the year due to heavy snowfall. The best time to visit Ladakh is from **April to June and September**

HOW TO VISIT

Leh, the capital of Ladakh, is mainly connected by road to Srinagar (Jammu and Kashmir) and Manali (Himachal Pradesh). Other parts of the country are connected to Leh by domestic airlines.



By Air

There is only one domestic airport in Ladakh called Late Kushok Bakula Rimpochee Airport. Which is connected with almost all the states of the country



By Rail

Jammu is the nearest railway station to Ladakh. From Jammu, Ladakh can be reached by road (about 680 km) by NH 44 and NH 1. Ladakh can also be reached by air from Jammu in a much shorter time.



By Road

There are two routes to reach Ladakh by road. One is the Srinagar-Leh Highway known as NH 1, and the other is the Leh-Manali Highway. This journey is very exciting and there is beautiful scenery all around.

WHY VISIT

One of the main reasons to visit this Cold Desert region is to experience living in the highest part of the country, as well as to capture the magical landscape here, which is a lifetime achievement for every traveler.

PLACE TO VISIT

Ladakh is a region full of enchanting diversity. Filled with numerous Buddhist monasteries, the highest lakes, remote mountain villages, eye-catching valleys, and lush green pastures.

This Himalayan region is a very favorite destination for adventure lovers, bikers, and trekkers. Below are the names of the popular tourist attractions of Ladakh.

Popular Tourist Attraction



PANGONG LAKE

- Pangong Lake
- Magnetic Hill
- Zaskar Valley



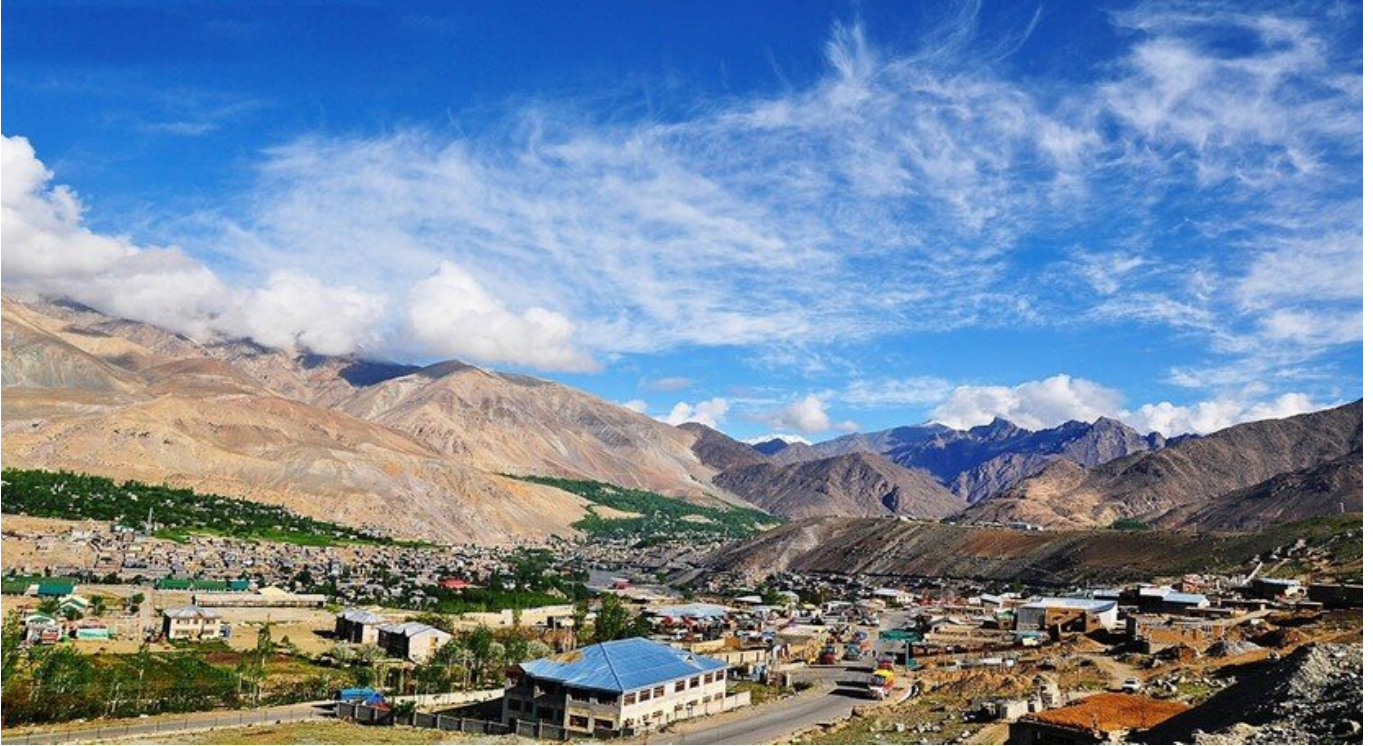
ZANSKAR VALLEY

- Khardungla Pass
- Leh Palace
- Shanti Stupa Ladakh
- Spituk Monastery
- Hemis Monastery



HEMIS MONASTERY

- Thiksey Monastery
- Shey Monastery
- Likri Monastery
- Chemrey Monastery
- Kargil



KARGIL VALLEY

- Phugtal Monastery
- Hall Of Fame Ladakh
- Taglang La
- Hemis National Park
- Chadar Trek



CHADAR TREK

- Stock Palace
- Diskit Monastery
- Alchi Monastery
- Namgyal Tsemo Monastery
- Tso Moriri



TSO MORIRI

- Tso Kar
- Sangam
- Lamayuru
- Sankar Gompa
- Nubra Valley



NUBRA VALLEY

- Changthang Wildlife Sanctuary
- Hundur Monastery
- Lachung Temple
- Hunder Village
- Dha Hanu Village
- Chang La Pass



CHANGLA PASS

- Nyoma
- Panamik Hotspring
- Turtuk Village
- Pathar Sahib Gurudwara
- Yarab Tso Lake
- Druk White Lotus School



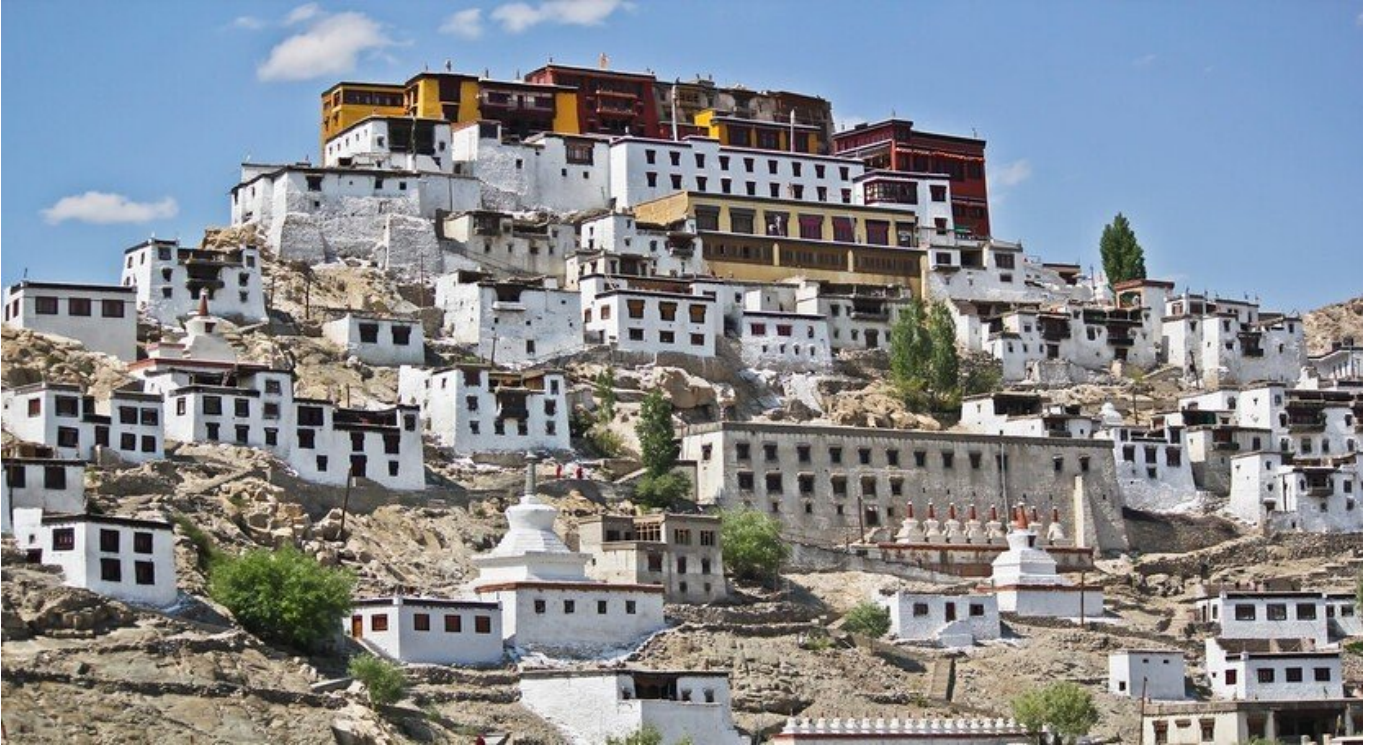
DRUK WHITE LOTUS SCHOOL

- Shyok Valley
- Samstanling Monastery
- Wanla Monastery
- Gotsang Gompa, Hemis
- Stakna Gompa, Hemis
- Maitreya Buddha



MAITREYA BUDDHA

- Umling La Pass
- Shang Gompa, Hemis
- Donkey Sanctuary



THIKSEY MONASTERY

THINGS TO DO

Ladakh is usually a great destination for adventure lovers. Ladakh is a popular destination for local mountain biking, trekking, peak climbing, horse riding, camping, river rafting, jeep safari sightseeing, camel riding, monastery walks, and for those who love photography.

FESTIVALS

Below are the names of some popular festivals in Ladakh.



LADAKH FESTIVAL

- Hemis Festival
- Ladakh Festival
- Losar
- Ladakh Harvest Festival
- Thiksay Gustor
- Sindhu Darshan
- Phyang Tsedup Fest
- Stock Guru Festival



- Dosmoche Festival
- Yuru Kabgyat
- Saka Dawa Fest
- Tak Tok Festival
- Matho Nagrang

FAMOUS FOOD

Due to the fact that people of different races and religions live in India, there is a wide variety of food in different provinces. Below are the names of the famous Ladakhi foods that you must try once you visit here.

- Momos
- Thukpa
- Skyu/Skew
- Paba
- Chhutagi
- Tingmo
- Chhurpi
- Butter Tea/Gur Gur Cha/Tsaza
- Chhang
- Khambir
- Apricot Jam

Thank you very much. We hope these handy tips give you some inspiration to pursue your adventures. You can post a comment and share this with your multiple social network sites and download these handy tips, just click the “Download Now” link given below. Visit our other pages for different information and subscribe to our newsletter for daily updates.

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